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SHOP SMART, PLAN AHEAD

Canadians go through 2.86 billion plastic bags annually, or around 200 per person/year. (Surfrider Foundation, 2015)

Fortunately, a lot of packaging can be avoided by these tips:

- Plan ahead to avoid impulse shopping & unnecessary purchases.
- Bring reusable bags or existing bags you have around the house.
- Buy bulk to avoid packaging and save money.
- Choose products that last.
- Choose products that have recyclable packaging.

For more info, check out these resources:

-  **REDUCE:** RCBC Business Profile on Vancouver's Zero Waste Market - rcbc.ca/events/waste-reduction-week/businesses
-  **REUSE:** Buy Me Once: Highlighting Products that Last a Lifetime - www.buymeonce.com
-  **RECYCLE:** Multi Material BC's List of Accepted Recyclable Packaging - recyclinginbc.ca/program/can-recycled/

