

Waste Reduction Week Spotlight: Food Waste



The Issue



• Canada's 2.2 million tonnes of avoidable household food waste is equivalent to 9.8 million tonnes of CO₂ and 2.1 million cars on the road. (source: [Second Harvest](#))



• One-third of all food produced in the world - approximately 1.3 billion tonnes - is lost or wasted every year. (source: [UN Environment Programme](#))



• Globally, if food waste could be represented as its own country, it would be the third largest greenhouse gas emitter, behind China and the U.S. (source: [UNEP](#))

Wasted Food in Canadian Households



The Status Quo

Daily in Canada, we discard...

- 450,000 eggs
- 470,000 heads of lettuce
- 555,000 bananas
- 750,000 loaves of bread
- 1 million cups of milk
- 1.2 million tomatoes
- 1.2 million apples
- 2.4 million potatoes

Source: Love Food Hate Waste Canada

What We Can Do TODAY



SHOP SMART by planning your meals so that nothing rots in the fridge.



GET CREATIVE with recipes & use up what you have before shopping for more.



COMPOST unavoidable food waste through organics collection programs or backyard composters.



What if in the Future, We...



TACKLE climate change by eliminating 100% of food from landfills?



TRANSFORM 100% of our food waste into nutrient-rich compost that sustains the soils we grew our food in?



Share & learn food preservation techniques so it stays good all year-round?

Want to Learn More?



www.rcbc.ca
Lower Mainland: 604-732-9253
Toll-free BC: 1-800-667-4321



National Zero Waste Council: A Food Loss and Waste Strategy in Canada



www.lovefoodhatewaste.ca

